

KISHOR GULABIVALA



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Kishor Gulabivala is Head of Endodontology and Department of Restorative Dentistry at the Eastman Dental Institute, University College London. He is also an honorary Consultant in Restorative Dentistry at the Eastman Dental Hospital, University College London and Hospital Trusts. Kishor graduated from Birmingham Dental School in 1980. He completed the MSc in Conservative Dentistry in 1984 and trained further in the subject at the Eastman until his appointment as Lecturer in 1987, During this tenure, he established the first MSc in Endodontics in the UK, jointly with (the late) Prof Pitt-Ford in 1989. The MClinDent and Specialist Training programmes in Endodontology followed in 1999. He was entered on the UK Specialist Lists in Restorative Dentistry, Prosthodontics and Endodontics in 2000 and completed his PhD on microbial infections of teeth in 2004. He was Training Programme Director for Restorative Dentistry from 2006 to 2012; and is currently Training Programme Director for Endodontics in London at Health Education London. His research interests are centered in Endodontology and focus on outcomes. Kishor has published widely both on clinical as well as research questions mainly on Endodontics with over 100 peer-reviewed papers and over 100 research abstracts. He is co-editor/co-author of Endodontics, 2014 (4th Edn, Elsevier Science). He was Associate Editor for the International Endodontic Journal for five years (2008-2013) and is Past-President (2013-2014) of the British Endodontic Society.

ZEN, THE ART OF ENDODONTICS AND TECHNOLOGICAL DEVELOPMENTS

The lecture is an exploration and meditation on what makes a good endodontist and the process by which mastery in the subject is achieved. The speaker draws on his 30 year

experience in training postgraduate dentists at different levels in the subject to identify the domains of development and the discipline required to achieve the end-goal. Insight about processes involved will be drawn from other disciplines, including sports to highlight the nature of expertise. Technological advances have seen a highly skill-dependent discipline made accessible to increasing numbers of general dental practitioners with a high level of efficiency but not necessarily efficacy. Yet more innovations on the horizon (artificial intelligence, virtual reality environments, augmented reality and robotics) promise to make the learning and execution processes even easier for operators. The lecture will speculate on the possible impact of such developments on endodontic service delivery and the individual's own development and sense of fulfilment. Aim The lecture will articulate how an aspiring endodontist develops into a master of the art through acquisition of knowledge, cognitive, practical, technical, clinical and communication skills to serve patients and society. Learning outcomes Participants should leave with a familiarity, if not an understanding, of the nature of personal development required to achieve mastery in endodontics. Participants should understand the relative importance of development in various domains and the need for their integration. Hopefully, participants will acquire a perspective on the nature of changes required to achieve a sense of fulfilment in their daily practice.